How does a culture of equality make you feel?

I feel motivated and I feel like I can do anything. Empowered. I feel accepted. Exhilarated. I feel powerful. I feel like my input and contributions are truly valued. There isn’t a filter on how I think, what I say and how I behave. It definitely makes work more productive and way more fun. It really empowers me to believe that the glass ceiling can be, and is being, overcome. You can be more creative, you can be more innovative, and you become a better person.

What happens when equality becomes a priority?

Having a diverse group, we might come up with a better solution that you wouldn’t have thought of. We always try to help each other. You’re not always the same as everybody else and it’s completely OK to be different and have a different point of view. Everyone’s equal and everyone has an opportunity to speak out. All of our stories are significant and are relevant in its own, specific way.

How can we bring everyone in and lift everyone up?

Always ask for opinions and different points of view. We all have different backgrounds and we all know something that somebody else doesn’t. The best thing I can do to try to enrich the environment is getting people to open up and to speak and to be heard. Everyone has to feel they are part of the team. Same team. I think inclusion can be as simple as that, as just including those around you. We can do something each day so that we can achieve more equality, more diversity and more inclusion now and in the future.